



Vishwa Bharti Public School, Ghaziabad

Sushant Aquapolis, Opposite Crossing Republik, Near ABES College, NH-9, Ghaziabad

Phone: 9218464408, website: www.vbpsghaziabad.com, email: vbpsgzb@yahoo.com

CIRCULAR

Date: August 31, 2026

VBPS-G/2026-27/Circular/21

Subject: Health Advisory- Preventive Measures Against Seasonal Influenza (H1N1)

Dear Parents

Greetings!

In view of the increasing cases of seasonal influenza (H1N1/Swine Flu) and other respiratory infections, we request parents to take necessary precautions to ensure the health and safety of our students.

Kindly ensure that:

- * **Students experiencing fever, cough, cold, sore throat, body ache, or any other flu-like symptoms are advised to stay at home, take adequate rest, and resume school only after complete recovery.**
- * Students should maintain good hand hygiene and wash their hands regularly with soap and water or use a hand sanitizer.
- * Students are advised to wear a mask for their safety and protection.
- * Students should carry a clean handkerchief/tissue and use it to cover their nose and mouth while coughing or sneezing.
- * Students should avoid touching their eyes, nose and mouth unnecessarily.
- * Parents are advised to seek medical advice promptly if symptoms persist or worsen.
- * Students should be encouraged to maintain adequate hydration, eat nutritious food, get sufficient sleep and follow good personal hygiene.
- * The school is also taking necessary measures to maintain cleanliness, hygiene and proper sanitation across the campus.

We seek your cooperation and support in helping us maintain a healthy and safe school environment for everyone.

Stay safe, stay healthy!

Working Together

Dimple Puri

Principal